

[www.arts4dementia.org.uk](http://www.arts4dementia.org.uk)

For more information regarding events for people affected by dementia in your areas, check the **Arts 4 Dementia** events listings.

### About Arts 4 Dementia

**Arts 4 Dementia** is a UK charity working to empower individuals and families living with dementia in the community through engagement with the arts.

### Our Mission

**Arts 4 Dementia** works in partnership with arts organisations to **develop workshops** to re-energise and inspire people living with dementia in the community.

We aim to bring **fulfilment** to their lives — and provide opportunities for **quality time** with their carers and loved ones — through engagement with their chosen art form.

In addition to developing and delivering workshops, **Arts 4 Dementia:**

- offers **Early Stage Dementia Awareness Training for Arts Facilitators**, to enable them to deliver challenging, person-centred arts workshops
- **signposts dementia-friendly activities** by art form nationwide, increasing the **accessibility** of arts events to individuals and families across the country
- spreads **Best Practice** through publications and conferences for leaders in the arts and healthcare fields

### How can I get involved?

Whether by a **single donation**, setting up **regular giving**, or remembering us in your will by creating a **legacy**, your generosity will help re-energise and inspire more people in the early stages of dementia through artistic stimulation.

To support our work, click 'Donate' at:

[www.arts4dementia.org.uk](http://www.arts4dementia.org.uk)

Registered Charity No. 1140842



## Do you have family or friends living with early-stage dementia?

Invite them to our inspirational

## A4D Opera onboard the Angel Community Canal Boat with mezzo-soprano Vivien Conacher

The Angel Boat's Mooring, City Road Basin, Graham Street, City Road, Islington, N1 8JX

**When? Thursday mornings, 10.30 am—12.30 pm**  
**3, 10, 17, 24 May 2018**

The Programme is completely **free of charge**. No prior experience necessary. To register please contact us by phone or email.



**Arts 4 Dementia**

Telephone: **020 7239 4954**

Email: [admin@arts4dementia.org.uk](mailto:admin@arts4dementia.org.uk)

Website: [www.arts4dementia.org.uk](http://www.arts4dementia.org.uk)

Find out about **arts events near you** for families living with dementia:  
[www.arts4dementia.org.uk](http://www.arts4dementia.org.uk)  
Try it on your mobile!



Events Dementia-Friendly Venues Training Resources & Evidence About Us Reawakening Dorset

Donate  
Post an Event

Arts opportunities to empower families affected by dementia in the community



"It's exhilarating, the chance to do it all again. I thought it was lost"

- Participant, A4D Art at Dulwich Picture Gallery

"I realise I have been working 1000% for J since his diagnosis, but the dance workshops make a big difference for me as well."

- Carer, A4D ballet at bodance

Launched on World Alzheimer's Day, the **new website:**

- Enables you to easily find arts events close by. You can search by both **art form** and **location** to see events as a **list** and on a **map**.
- Provides information about **dementia-friendly arts venues**, letting you find dementia-friendly Arts and Heritage sites by location and the facilities they offer.
- Enables you to **add** and **edit** your own events, raising awareness and increasing attendance at events all round the UK.
- Is completely **mobile-friendly**, enabling you to search for events on a mobile or tablet.

Make sure to add [www.arts4dementia.org.uk](http://www.arts4dementia.org.uk) to your favourites.

### What else is on?

[www.arts4dementia.org.uk](http://www.arts4dementia.org.uk) is an increasingly referenced resource in arts and dementia, particularly the **nationwide listing of arts workshops and events** for families affected by dementia.

To search for dementia-friendly events in your local area, go to **'Events'**.

# A4D Opera onboard the Angel Community Canal Boat

with

**mezzo-soprano  
Vivien Conacher**



**Thursday mornings: 10.30 am—12.30 pm**

Please arrive 15 minutes beforehand.

**May 3, 10, 17, 24**

Calling all friends of Arts 4 Dementia for a programme of music in partnership with the **Angel Community Canal Boat Trust**, guided by skipper John Checkley.

Noted **mezzo-soprano Vivien Conacher** invites you to join in with opera choruses as the boat rises and drops in the lock. These sessions will re-energise and inspire individuals, carers, families and friends living with **early-stage dementia** within the community.

Come and enjoy the reverberations of Vivien's arias echoing along the dark tunnel and re-join the singing while the boat continues its leafy journey and moors by the canal side.

**No prior experience necessary.** Participants are invited to register for all sessions with a companion.

Find out more about our partners:

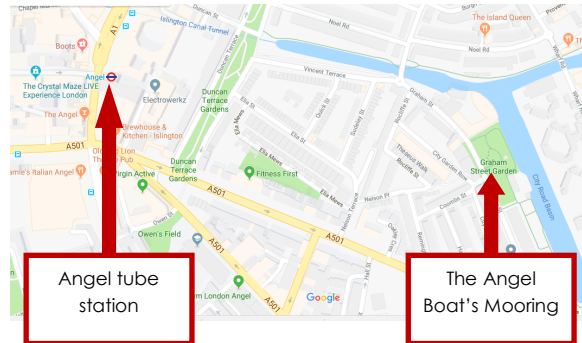
[vivienconacher.com](http://vivienconacher.com)

[angelboat.org](http://angelboat.org)

We are thrilled to be holding this workshop series onboard the **Angel Community Canal Boat**, a narrowboat exploring the canals of London. See Camden from a different perspective, as the boat moves through the locks and tunnels of London's waterways.

## Getting there

The Angel Boat's Mooring,  
City Road Basin, Graham Street,  
City Road, Islington, N1 8JX



**BY TRAIN/TUBE:** The nearest tube station is Angel, on the Northern Line. It's a 9 minute walk from Angel tube station to the Angel Boat's Mooring.

**BY BUS:** Number 43 runs along City Road. The nearest bus stop is 'Central Street', a 3 minute walk from the Angel Boat's Mooring.

**BY CAR:** Blue badge parking spaces are available in Graham Street, around a minute's walk from the Mooring.

We recommend [citymapper.com/london](http://citymapper.com/london) to find the quickest route from your home. Simply enter **N1 8JX**.



**Arts 4 dementia**  
Empowerment through  
artistic stimulation

**Vivien Conacher** is a celebrated mezzo-soprano, whose many awards and talents can be found on her website, [vivienconacher.com](http://vivienconacher.com). Vivien set up the **Songhaven** concert series for people with dementia.



To reserve your place, please get in touch with the Charity Administrator, Imelda Dooley Hunter.

## A4D Participants say:

*I feel like **I can fly** here!*

*It's **exhilarating**, the chance to do it all again: I thought it was lost!*

*When I'm here, I forget I have dementia!*

*It's been **fascinating**: we've been doing things we'd never dream of doing!*

*People are so **fabulous**, it's so therapeutic. **I can't wait** until the next session!*

## Arts 4 Dementia

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